

Name: _____

Address: _____

Select Option A: or Option B:

Mon	Tue	Wed	Thu	Fri
<i>All meals come with milk or juice, a dinner roll or sandwich bun, and a butter cup</i>	<u>Entrée subject to change based on client diet.</u> CANCELLATIONS-CALL 219-872-9117 before 10 am the day before		1 A: Turkey Meatball Dijon B: Stuffed Cabbage Roll w/ Sauce Egg Noodles Green Peas Triple Berry Crunch Bar	2 A: Pork w/ Cherry Rhubarb Sauce B: Shrimp Basket Roasted Red Potatoes Whole Baby Carrots Tossed Salad
5 A: Beef Stew B: Seafood Chowder California Vegetable Blend Fresh Pear	6 A: Chop Suey B: Pork Chow Mein Brown Rice Oriental Vegetable Blend Aloha Coleslaw	7 A: Pork Fritter B: Smothered Turkey Chops Sweet Potatoes Green Beans Chocolate Pudding	8 A: Beef Stroganoff B: Chicken Parmesan Penne Pasta Scandinavian Blend Lettuce Salad	9 A: Honey Garlic Chicken B: Salmon w/ Chili Mango Sauce Roasted Potatoes Sugar Snap Peas Apple Cinnamon Muffin
12 A: Turkey Stew B: White Beans w/ Ham & Onion Capri Vegetable Blend Pound Cake	13 A: Hungarian Beef Goulash B: Sweet Potato Pollock Egg Noodles Broccoli Fruit Cocktail Salad	14 A: Chicken Jerk w/ Fire-Roasted Pineapple B: Beef Tips & Mushrooms Brown Rice Zucchini Three Bean Salad	15 A: Herb Pork B: Herb Crusted Cod Roasted Red Potatoes Green Peas Fruit Salad	16 A: Italian Meatballs, Tomato & Mozzarella B: Cheese Tortellini in Pesto Bowtie Pasta Italian Vegetable Blend Apple
19 <u>LA PORTE FROZEN</u> A: Chicken Marsala B: Pot Roast Mashed Potatoes Carrots Cheesecake	20 A: Sweet and Sour Pork B: Sesame Chicken Brown Rice Vegetable Egg Roll Spinach Side Salad	21 A: Turkey Butternut Squash Bake B: Shepherds Pie Mixed Vegetables Kidney Bean Salad	22 A: Chicken & Dumplings B: Chili Con Carne w/ Macaroni French Cut Green Beans Peach Cobbler	23 A: Polish Sausage w/ Cabbage B: Cajun Catfish w/ Creole Sauce Parsley Potatoes Winter Vegetable Blend Orange
26 A: Pork in Cream Sauce B: Bruschetta Chicken Rotini Pasta Scandinavian Vegetables Brown Bean Salad	27 A: Turkey with Gravy B: Breaded Pollock Florentine Cornbread Stuffing Peas and Carrots Apple	28 A: BBQ Chicken B: Salisbury Steak Macaroni & Cheese Corn Sweet Potato Salad	29 A: Pork Loin w/ Apple B: Bourbon Chicken Thighs Creamy Polenta Brussels Sprouts Chocolate Brownie	

Every effort will be made to provide your selected meal, but occasionally you may be served another meal due to diet restriction or other circumstances.