

November 2023

Name: _____

Address: _____

Select Option A: or Option B:

Mon	Tue	Wed	Thu	Fri
<p><i>All meals come with milk or juice, a dinner roll or sandwich bun, and a butter cup</i></p>	<p><u>Entrée subject to change based on client diet.</u></p> <p>CANCELLATIONS-CALL 219-872-9117 before 10am the day before</p>	<p>1</p> <p>A: Honey Mustard Pork B: Asian Ginger Turkey Rib</p> <p>Roasted Sweet Potatoes Cauliflower Cheesy Pea Salad</p>	<p>2</p> <p>A: Beef Taco B: Chicken Taco</p> <p>Spanish Rice Yellow Squash Fresh Orange</p>	<p>3</p> <p>A: Chicken w/ Spinach Sauce B: Pollock Almondine</p> <p>Couscous European Vegetable Blend Broccoli Raisin Salad</p>
<p>6</p> <p>A: Manicotti w/ Meat Sauce B: Chicken Alfredo</p> <p>Italian Vegetable Blend Apple Granola Bar</p>	<p>7</p> <p>A: Jambalaya B: Burgundy Steak Strips</p> <p>Brown Rice Mixed Vegetables Waldorf Fruit Salad</p>	<p>8</p> <p>A: Chicken Cacciatore B: Lemon Butter Pollock</p> <p>Battered Potatoes Broccoli & Cauliflower Apple</p>	<p>9</p> <p>A: Turkey Meatball Dijon B: Stuffed Cabbage Roll w/ Sauce</p> <p>Egg Noodles Green Peas Triple Berry Crunch Bar</p>	<p>10</p> <p>A: Pork w/ Cherry Rhubarb Sauce B: Shrimp Basket</p> <p>Roasted Red Potatoes Whole Baby Carrots Tossed Salad</p>
<p>13</p> <p>A: Beef Stew B: Seafood Chowder</p> <p>California Vegetable Blend Fresh Pear</p>	<p>14</p> <p>A: Chop Suey B: Pork Chow Mein</p> <p>Brown Rice Oriental Vegetable Blend Aloha Coleslaw</p>	<p>15</p> <p>A: Pork Fritter B: Smothered Turkey Chops</p> <p>Sweet Potatoes Green Beans Chocolate Pudding</p>	<p>16</p> <p>A: Beef Stroganoff B: Chicken Parmesan</p> <p>Penne Pasta Scandinavian Blend Lettuce Salad</p>	<p>17</p> <p>A: Honey Garlic Chicken B: Salmon w/ Chili Mango Sauce</p> <p>Roasted Potatoes Sugar Snap Peas Apple Cinnamon Muffin</p>
<p>20</p> <p>A: Turkey Stew B: White Beans w/ Ham & Onion</p> <p>Capri Vegetable Blend Pound Cake</p>	<p>21</p> <p>A: Hungarian Beef Goulash B: Sweet Potato Pollock</p> <p>Egg Noodles Broccoli Fruit Cocktail Salad</p>	<p>22</p> <p>A: Chicken Jerk w/ Fire-Roasted Pineapple B: Beef Tips & Mushrooms</p> <p>Brown Rice Zucchini Three Bean Salad</p>	<p>23</p> <p>HAPPY THANKSGIVING!!!</p> <p>NO DELIVERIES</p> <p>Office will be closed</p>	<p>24</p> <p>THANKSGIVING HOLIDAY!!!!</p> <p>NO DELIVERIES</p> <p>Office will be closed</p>
<p>27</p> <p>A: Chicken Marsala B: Pot Roast</p> <p>Mashed Potatoes Carrots Cranberry Orange Salad</p>	<p>28</p> <p>A: Sweet and Sour Pork B: Sesame Chicken</p> <p>Brown Rice Vegetable Egg Roll Spinach Side Salad</p>	<p>29</p> <p>A: Turkey Butternut Squash Bake B: Shepherds Pie</p> <p>Mixed Vegetables Kidney Bean Salad</p>	<p>30</p> <p>A: Chicken & Dumplings B: Chili Con Carne w/ Macaroni</p> <p>French Cut Green Beans Peach Cobbler</p>	

Every effort will be made to provide your selected meal, but occasionally you may be served another meal due to diet restriction or other circumstances.