

November 2022

Name: _____

Address: _____

Select Option A: or Option B:

Mon	Tue	Wed	Thu	Fri
	A: Turkey Ala King B: Pepper Steak Brown Rice Wax Beans Rhubarb Crumble	A: Honey Mustard Pork Tenderloin B: Chicken Cordon Bleu Sweet Potato Wedges Cauliflower Cheesy Pea Salad	A: Beef Taco/ Tortilla B: Chicken Taco/ Tortilla Refried Beans Yellow Squash Orange	A: Spinach Artichoke Chicken B: Pollock Almondine Couscous European Vegetables Broccoli Raisin Salad
A: Pasta Bolognese B: Chicken Alfredo Penne Pasta Italian Vegetables Peaches & Cream Parfait	A: Jambalaya B: Burgundy Steak Strips Brown Rice Mixed Vegetables Waldorf Salad	A: Turkey Sloppy Joes/ Bun B: Fish Sandwich/ Bun Battered Potatoes Diced Carrots Pear	A: Chicken Dijon Meatballs B: Stuffed Cabbage/ Sauce Scalloped Potatoes Green Peas Oatmeal Cookie	A: Herb Pork Chop B: Stuffed Shells Egg Noodles Scandinavian Vegetables Tossed Salad
A: Beef Stew B: Seafood Chowder California Vegetable Pear	A: Chop Suey B: Korean BBQ Pork Brown Rice Oriental Vegetable Aloha Coleslaw	A: Pork Fritter/ Gravy B: Smothered Turkey Chops Sweet Potatoes Green Beans Banana Parfait	A: Beef Stroganoff B: Chicken Parmesan Penne Pasta Scandinavian Vegetable Tossed Salad	A: Lemon Ginger Chicken B: Salmon/ Chili Mango Sauce Roasted Potatoes Sugar Snap Peas Apple
A: Turkey Tetrizzini B: Ham & Beans Carrots Three Bean Salad	A: Hungarian Goulash B: Sweet Potato Pollock Egg Noodles Broccoli Cuts Fruit Cocktail Salad	A: Creamy Curry Chicken B: Beef Tips/ Mushrooms Brown Rice Zucchini Chocolate Cake	NO DELIVERIES THANKSGIVING HOLIDAY	NO DELIVERIES THANKSGIVING HOLIDAY
A: Chicken Pot Pie B: Pot Roast Mashed Potatoes Succotash Vegetable Cheesecake	A: Sweet & Sour Pork B: Sesame Chicken Brown Rice Vegetable Egg Roll Spinach Salad	A: Turkey Sandwich B: Pulled BBQ Pork Rosemary Roasted Potatoes Mixed Vegetables Macaroni Salad	All meals come with milk or juice, a dinner roll and a butter cup	CANCELLATIONS-CALL 219-872-9117 before 10am the day before <u>Entrée subject to change based on client diet.</u>

Every effort will be made to provide your selected meal, but occasionally you may be served another meal due to diet restriction or other circumstances.