

JANUARY 2019

Name: _____

Address: _____

Select Option A: or Option B:

Mon	Tue	Wed	Thu	Fri
<p>Select Option A: or Option B:</p> <p><i>Return menu with your volunteer or with your contribution</i></p>	<p>CANCELLATIONS-CALL 872-9117 before 10AM the day before</p> <p>Entrée subject to change based on client diet.</p>	<p>2 A: Turkey with gravy B: Smoked Ham</p> <p>2nd Meal-Ham Salad Sandwich</p>	<p>3 A: Pork Taco Casserole <i>not suitable for Renal, LR</i> B: Chicken Fajitas with rice</p> <p>2nd Meal- Chicken Brst Sandwich</p>	<p>4 A: Stuffed Salmon B: Macaroni & Cheese <i>not suitable for Renal</i></p> <p>2nd Meal- Egg Salad Sandwich</p>
<p>7 A: Crispy Chicken Cutlet <i>not suitable for LR</i> B: Onion Sage Cod</p> <p>2nd Meal- Roast Beef Sandwich</p>	<p>8 A: Chicken Parmesan <i>not suitable for Renal Diets</i> B: Breaded Veal Patty</p> <p>2nd Meal-Chicken Salad Sandwich</p>	<p>9 A: Pork Chop <i>not suitable for Renal, Low Res</i> B: Hawaiian Chicken</p> <p>2nd Meal-Tuna Salad Sandwich</p>	<p>10 A: Sweet & Sour Pork <i>not suitable for Renal</i> B: Beef Stroganoff</p> <p>2nd Meal-Pork Loin Sandwich</p>	<p>11 A: Sweet Potato Crusted Pollock <i>not suitable for Renal</i> B: Turkey Pot Roast</p> <p>2nd Meal-Egg Salad Plate</p>
<p>14 A: Hamburger B: Veggie Burger</p> <p>2nd Meal-Chicken Brst Sandwich</p>	<p>15 A: Chicken Stuffed with Broccoli & Cheese <i>not suitable for No VK, Renal</i> B: Baked Pollock</p> <p>2nd Meal- Roast Beef Sandwich</p>	<p>16 A: Baked Texas Hash <i>not suitable for Renal</i> B: Chicken Tetrazzini</p> <p>2nd Meal- Turkey Sandwich</p>	<p>17 A: Stir Fry Pepper Steak- B: Pork Chop with mushroom gravy</p> <p>2nd Meal- Egg Salad Sandwich</p>	<p>18 A: Basil Pesto Tilapia B: Southern Chicken Gumbo <i>not suitable for Renal, LR</i></p> <p>2nd Meal-Chicken Salad Sandwich</p>
<p>21 A: Bowtie Pasta/Meatsauce <i>not suitable for Renal</i> B: Smoked Ham</p> <p>2nd Meal- Pork Loin Sandwich</p>	<p>22 A: Shrd Chicken/beans & rice <i>not suitable for Renal, LR</i> B: Beef with Gravy</p> <p>2nd Meal- Roast Beef Sandwich</p>	<p>23 A: Sausage/peppers & onions B: Roasted Vegetable Lasagna <i>NO Renal,LR, NoVK</i></p> <p>2nd Meal-Chicken Salad Sandwich</p>	<p>24 A: Stuffed Cabbage <i>not suitable for Low Res</i> B: Panko Tilipia</p> <p>2nd Meal- Egg Salad Sandwich</p>	<p>25 A: Pollock Florentine <i>not suitable for Renal or No VK</i> B: Baked Chicken Thigh</p> <p>2nd Meal- Tuna Salad Sandwich</p>
<p>28 A: Baked Chicken Ginger sauce <i>not for Renal, LR</i> B: Pollock Almandine <i>not suitable for Low Res</i></p> <p>2nd Meal- Roast Beef Sandwich</p>	<p>29 A: Swedish Meatballs B: Creamy Spinach Tortellini <i>not suitable for Renal, LR & No Vk</i></p> <p>2nd Meal- Pork Loin Sandwich</p>	<p>30 A: Turkey with gravy B: Smoked Ham</p> <p>2nd Meal-Ham Salad Sandwich</p>	<p>31 A: Pork Taco Casserole <i>not suitable for Renal, lr</i> B: Chicken Fajitas with rice</p> <p>2nd Meal- Chicken Brst Sandwich</p>	<p>No meal will be left in a cooler without a call to the office & an ice pack</p> 

Every effort will be made to provide your selected meal, but occasionally you may be served another meal due to diet restriction or other circumstances.